

Gopi Birla Memorial School 2024-2025

GRADE10: Physical Education

S.R.Yadav / Sonali Sangare

ANNUAL PLAN

MONTH	MAIN CONTENT/CHAPTERS	ACTIVITIES
JUNE	Chess	Re creation games Interhouse competition
JULY	Chess , Carrom Cross country race	Interhouse competition In the class selection
AUGUST	Carrom	Interhouse competition In the class selection
SEPTEMBER	Basketball	Interhouse competition In the class selection
OCTOBER	Handball	Interhouse competition In the class selection
NOVEMBER	football	Interhouse competition In the class selection
DECEMBER	Contact Rugby	Interhouse competition In the class selection
JANUARY	Sports day	Sports day
FEBRUARY	Exam	Exam